

ULTIMATE GYMNASTICS

Compulsory Team Holiday Practice Schedule

Thanksgiving Break (November 24-28)

Hot Shotz, Level 3-6: no practice November 24-28

Level 4: EXTRA PRACTICE due to state meet: Wednesday, Nov 24 (8:30-11:30) - With Margaret and possibly Contessa or Caren

Winter Break (December 20 - January 2)

Advanced Hot Shotz: Mon, Dec 27, Tues, Dec 28, Thurs, Dec 30 (10-1)

Level 3: Mon, Dec 27, Tues, Dec 28, Thurs, Dec 30 (10-1)

Gym Stars: Mon, Dec 27, Tues, Dec 28, Thurs, Dec 30 (1:30-3:30)

Level 4 & Level 4 1/2: Mon, Dec 27 (4:00-7:00)

Level 5 & Level 5 1/2: Tuesday, Dec 28 (4:00-7:00)

Level 6 & Level 6 1/2: Thursday, Dec 30 (4:00-7:00)

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Level 4 USA: We will be offering **3** different practice times for the Level 4's who have just finished competing. All gymnasts will continue to perfect her Level 4 skills and basics and **those who show they are ready** will begin training for Level 5. Please read the 3 practice times below and email Contessa at ultgym1@yahoo.com **ASAP** to let her know which practice time your child will be attending. The new practice times will begin on December 13th.

Homeschool Practice:

Tuesdays/Thursdays (8:30-12:00) & Friday (3:15-6:15) - Margaret

Early Practice:

Monday/Wednesday/Friday (3:15-6:30) - Contessa & Margaret

Late Practice:

Monday/Wednesday/Friday (4:30-7:30) - Contessa, Caren & Stephanie/Margaret