

## 2009 Level 4 AAU State Meet Information

*As you should all know by now, we compete Level 4 AAU. AAU stands for Amateur Athletic Union. Each club has their own purpose for competing their gymnast at this level. Some clubs use AAU level for what it is, AAU. Meaning, they are using this level as a recreational competitive level. Giving gymnasts who practice 7 or less hours a week, that will only score 34 or lower all-around and will continue to progress through the AAU program.*

*Other clubs (like Ultimate) use this level to prepare their gymnasts for Level 5 USA. USA Gymnastics is a Junior Olympic Program. At a USA Competition awards are given for the top 5 places. Also age groups are generally divided into Junior (Age 7-9) and Senior (Ages 10 and Up). In addition, awards are only given to those who are scoring a 9.00 or higher. Because we are preparing our gymnasts for the USA Program, it is our intent for our gymnasts to score well and compete competitive, while they are in AAU.*

*The AAU Board has given the coaches a choice. We can enter the state meet in the Novice Division (Recreational) or Experienced (Competitive). We at Ultimate Gymnastics will be entering the state meet with ALL of our gymnasts competing in the Experienced Division. Ultimate Gymnastics is considered an Experienced (Competitive) gym.*

*Each gym is allowed to choose which division they want their individual gymnasts and team award to be in. After putting all the entries together for state meet, there will be 4 Novice Sessions and 4 Experienced Sessions. Both Experience and Novice will be competing at the same time, in the same session but with 2 separate judging panels. Judging for the Novice gymnasts will be a little more lenient than the judging for the Experienced. Read below to see when your child will compete.*

### AAU Level 4 Experience State Meet Schedule

#### Saturday, April 25th

##### Ages 12-13 (Experienced)

Warm ups: 7:45am  
March in: 9:10  
Individual Awards: 11:00  
Mattie

##### Ages 8A, 8B, & 10A (Experienced)

Warm ups: 11:00am  
March in: 12:35  
Individual Awards: 2:45  
• Jordyn, Brianna, Alondra (8A) • Erykah, Syke (8B) • Lauren, Kayla, Lyle, Both Jennifers, Jamie, (10A)

#### Sunday, April 26th

##### Ages 9A, 9B & 10B (Experienced)

Warm ups: 7:45pm  
March in: 9:35  
Individual Awards: 11:50  
• Ansley, Sophie, Maddie, Morgan, Ashley (9A) • Olivia, Simona, Sarah, Anna, Carrington (9B)  
• Allison (10B)

##### Ages 7 and Under (Experienced)

Warm ups: 11:45am  
March in: 1:30  
Individual Awards: 3:50  
• Kaleigh and Madison Z

#### Team Awards – 4:00pm

Forsyth Central High School - Cumming, GA 30040